



Newsletter

Abused Deaf Women's Advocacy Services

Winter 2015

Auditions for ADWAS' Sexual Assault Awareness Month (SAAM) annual production

Abused Deaf Women's Advocacy Services (ADWAS) will be holding auditions for the 7th annual SAAM theatrical production on February 21st and 22nd, 2015. We are looking for female/male/genderqueer actors who look like college and graduate school students, ages 18 – 35 to audition, and must be fluent in American Sign Language.

The production is a one-act play about six college/graduate school students with different personal experiences of sexual violence.

To audition, please e-mail Anna Bracilano at anna@adwas.org if you're interested and which date/time will work for you. You will be asked to cold-read from a monologue from one or more characters. You're welcome to bring your own monologue or story in ASL. The auditions will take place at the ADWAS building – 8623 Roosevelt Way NE, Seattle 98115.

ADWAS Presents Annual SAAM Play This Upcoming Spring

Under Anna Bracilano's direction, the cast will perform a play about six college/ graduate school students with different personal experiences of sexual violence. ADWAS' SAAM play will be on April 4th, 2015 at MLK F.A.M.E. Community Center.

April is known as Sexual Assault Awareness Month. The purpose of ADWAS' Sexual Assault Awareness Month annual production is to spread awareness and educate the Deaf Community about sexual violence. This play will be performed fully in American Sign Language. This play will be free to public. More details to come later.

Support Groups for Survivors

Turning a New Leaf is a DV psychoeducational group. It is open to survivors, family and friends who want to learn more about how DV impacts our community on personal, relational, and communal levels. It is a 10-week-long group at a confidential location and time. Those interested will need to meet with the coordinator prior to joining the group. To sign up, please contact Frannie at frannie@adwas.org or VP (206) 212-1243.



After Silence is for SA survivors who have thought this critical question: maybe you've had sex with someone and were not sure if it was consensual or not. During the group sessions, Dov will cover diverse topics such as: coping skills, enhancing your support system, what is sexual abuse, increasing our personal safety, dealing with grief, how to trust again, how to have healthy relationships and healthy sexuality. This is 10-week long session at a confidential location and time. If you want to discuss whether this group is for you, please contact Dov at dov@adwas.org or VP (206) 512-8528.



All sessions will be confidential and participants are not required to share their experiences. Refreshments will be provided. Childcare and DB interpreting requests will be provided if you RSVP ahead of time.

Calling for Nominees for the Marilyn J. Smith Inspirational Award!

Is there anyone you work with or anyone in the community who inspires you and others? Their work, their passion, their commitment is contagious? If you know of someone who deserves to be recognized for their contribution to the community, please consider nominating them for this award. ADWAS is accepting applications for our 2nd annual Marilyn J. Smith Inspirational Award.

Who is Eligible?

The nominee must reside within Washington State and be actively involved in the Deaf community. The deadline for nominations is Friday, February 20, 2015 by 4 pm.

View our vlog about our Marilyn J. Smith Inspirational Award. Transcript in English is available in the description section. To fill out a nomination application, please download the regular or Large Print forms on our website.



Join us for Strength and Courage Breakfast

Please join abused Deaf women's advocacy services to support our mission of building healthy and safe communities.

There are no tickets to attend the breakfast and admission is free. *Your RSVP is required to reserve your seat.*

RSVP online: adwasbreakfast2015.eventbrite.com.

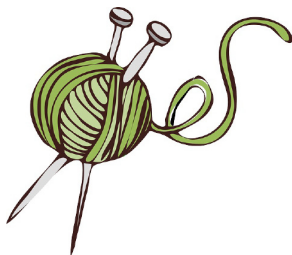
An investment of \$75 or more per person will be suggested.

For reservations and requests for DeafBlind interpreter needs, please RSVP by **February 27th, 2015**.

For more information on attending, please visit www.adwas.org contact Carol at carol@adwas.org call (206) 726-0093.

A Note from our Children's Advocate

Art Project



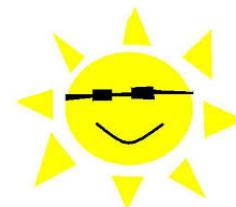
The Children's Program is busy creating art and planning fun field trips for the New Year. We have a request for a long term art project we are doing. We could really use some help in gathering some materials: yarn, old CDs, and large plastic lids (for example: cottage cheese, sour cream and yogurt containers lids.) You can drop them off at ADWAS or arrange for a pick up.

We are always in need of arts and crafts materials, so if you will be Spring cleaning anytime soon, please remember us. We can make art out of anything!

Summer Camp

We are planning another Summer Camp, too! We could sure use some volunteers that are able to help out in August for a two-week long camp in August.

Please contact Nancy Edney at nancy@adwas.org if you would like to donate materials or volunteer your time and have fun with the kids this summer.



Monthly Parenting Circle

Linda Goldman, the Positive Parenting Coordinator, will be offering Monthly Saturday workshops for parents. Each month we will discuss a different parenting technique and give Deaf parents a time to share the challenges of parenting with others. The first group will be Saturday, January 24th from 10-12 at the ADWAS offices. The topic will be "Encouraging Responsibility."



On February 28th, parents will learn more about "How to Talk so Kids Will Listen and How to Listen so kids Will Talk." Childcare is available. Please RSVP to linda@adwas.org.

Workshops available for parents of Deaf children

ADWAS recently received a grant from Washington Coalition of Sexual Assault Programs (WCSAP) to host two workshops for parents of Deaf Children on child sexual assault prevention. The parents will learn how to discuss boundaries, promote healthy self-esteem in their children, learn more about bystander intervention, protect their children from sexual abuse, and teach children about healthy relationships. The workshops are open to signing parents. The workshops will be offered in March 2015.



To sign up for workshop updates, you can contact Dov at dov@adwas.org or (206) 512-8528 (VP).



Supportive Housing Wish List

We are in desperate need of items to restock our apartment units. The list below includes all of the things we need.

- Coffee makers (6 to 8 cups)
- Hand mixers
- Kitchen towels
- Slotted spoons
- Tongs (nylon)
- Bath towels
- Set of twin size bed sheets/cases
- Twin size and/or double size blanket/comforters
- Pots/pans: 8" skillet, 10" skillet, 1 QT sauce pan, 3 QT sauce pan and Dutch Oven Pots. (Prefer no non-stick coating on the bottom of the pan)
- Cookie sheets
- Mixing bowls – medium and/or large size
- Spatulas
- Toasters
- Shower curtains
- Bathroom rugs
- Brand new pillows

Community Outreach

ADWAS offers information and prevention trainings and workshops to schools and organizations on domestic violence, date rape, teen dating violence, healthy sexuality, relationships, and more. We have worked with different schools and organizations to start and continue open dialogues on working together to achieve the vision of ending violence everywhere. Please contact Anna at anna@adwas.org to arrange for us to come to your school or organization.



Save the Dates

January Parenting Circle

Marilyn J. Smith Inspirational Award Nominations Deadline

February Parenting Circle

Marilyn J. Smith Inspirational Award and Breakfast Fundraiser

SAAM Play

January 24, 2015

February 20, 2015

February 28, 2015

March 19, 2015

April 4, 2015

ADWAS is NOT Just for Women

Although we mostly serve women and children, our services are not limited to only women. We also provide services to Deaf and Deaf-Blind men who have experienced domestic or sexual violence. If you would like more information please contact ADWAS at (206) 922-7088 or adwas@adwas.org.



Did You Know...

If you shop through Amazon, you can designate 0.5% of the price of the eligible AmazonSmile purchases to ADWAS. AmazonSmile is the same Amazon you know. Same products, same prices, same service. Here's the link to sign up!

How your old car can bring new life!

Our vehicle donation program is made possible through our partnership with Donate For Charity. When you are ready to donate your vehicle, you may call Donate For Charity toll-free at (866) 392-4483 or donate on-line at their website: www.donateforcharity.com.



If you decide to donate your vehicle:

- It will be picked up free of charge
- It will be sold at auction or older vehicles can be sold for parts
- Proceeds will go to Abused Deaf Women's Advocacy Services
- You will receive a receipt entitling you to a tax deduction

Hotline Information

If you need help, contact us by any of the following ways:

IM: ADWASHotline
Email: ADWAS@ndvh.org

Video Phone Only for Deaf Callers:
(206) 787-3224

(Hearing advocates at the National Domestic Violence Hotline are on duty 24 hours
TTY: 1-800-787-3224 or
VOICE: 1-800-799-SAFE (7233))

If you live in King County...

24-hour Local Domestic Violence and Sexual Assault Crisis Line
TTY: 1-888-236-1355
24-hours - 7 days a week

ADWAS
8623 Roosevelt Way NE
Seattle, WA 98115