Healthy Relationships



Deaf Domestic Violence Hotline 24 hours / 7 days

National VP: 1(855) 812-1001 Local VP: 1(206) 812-1001 IM: DeafHotline National Email: nationaldeafhotline@adwas.org Local Email: hotline@adwas.org



Abused Deaf Women's Advocacy Services 8623 Roosevelt Way NE, Seattle WA 98155 - (206) 922-7088 (VP) - (206) 726-0017 (FAX)

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Unhealthy Relationships



How healthy is your relationship?

Does your partner:

• Sign very close to your face when angry?

- Intimidate you through gestures, facial expressions, or exaggerated signs?
 - Criticize your ASL skills or communication style?
 - Wrongly interpret to manipulate situations when police are called?
 - Look at you or act in ways that scare you?
 - Want to know what you are doing and who you are with at all times?
 - Act extremely jealous?
- Take your money, make you ask for money or refuse to give you money?
- Isolate you, doesn't let you use VP/Pager or allow you to see your family & friends?
 - Force you to do things sexually you don't feel comfortable doing?
 - Push, shove or grab you?
 - Say s/he will kill them self if you leave?
 - Promise to change (get counseling, go to AA, etc.)?

If you said yes to even one, you may be in an abusive relationship.

If you would like to talk, you can contact us.